



健康 管理 機構

膳食部 337 S Monroe st San Jose CA 95128 TEL: 650-938-5888/408-326-2158 Fax :408-273-6304 E-Mail: [isan888@isanhouse.com](mailto:isan888@isanhouse.com) [www.isanhouse.com](http://www.isanhouse.com)

## Health Consultation Questionnaire 健康管理諮詢表

姓 名 NAME : \_\_\_\_\_ 生日 DOB: \_\_\_\_\_

客戶地址 Address : \_\_\_\_\_

電 話 Telephone: \_\_\_\_\_ Cell : \_\_\_\_\_

電子郵件 E- Mail : \_\_\_\_\_

### 個人健康及飲食習慣諮詢 / Individual health and diet history :

#### 1. 我不吃 / I DO NOT EAT :

肉類/Meat    ☐ 雞肉/Chicken    豬肉/Pork    牛肉/Beef    ☐ 羊肉/Goat    鵪鶉  
/Quail    豬腳/ Pork Feet  
海鮮/Seafood    全魚/ Fish (with Bone)    魚片/Fish Filet    海參/Sea Cucumber  
貝類/Shellfish    蝦/Shrimp    鮑魚/Abalone    淡菜/Dry Mussel    蛤/Clam  
內臟Organs    ☐ 肝/ Liver    腰 /Kidney    肚/ Pork Stomach  
堅果類Nuts    ☐ 核桃/walnut    松子/ Pine seed    花生/Peanuts    豆類/Bean  
蛋/Egg    牛奶類/ Milk    台灣米酒/Rice Wine    中藥/Herbs  
其他, 請列舉 / others, please list \_\_\_\_\_

#### 2. 健康史/Medical History:

癌症/Cancer 請註明: \_\_\_\_\_

肝炎/Hepatitis    ☐ 心臟病/Heart Diseases    糖尿病/Diabetes

最高血糖指數/Current Blood Sugar: \_\_\_\_\_ 體重/Weight: \_\_\_\_\_

\*\*過敏反應/ Allergic: \_\_\_\_\_ \*\*主要症狀/Cardinal symptoms: \_\_\_\_\_

高血壓/High Blood Pressure    Current BP/ 血壓指數: \_\_\_\_\_

是否有使用何種藥物/Other Medical Conditions: \_\_\_\_\_

Others: \_\_\_\_\_

是否有腸胃或消化系統方面問題? 是 / 否

Do you have stomach or digesting system problems?    Yes    No

是否有其他急、慢性疾病? 是 否

Do you have any other chronicle diseases?    Yes    No

If yes, please explain \_\_\_\_\_

## Special Meal Services 精緻調理餐

Service item	Price List	Order period
<b>Nutrition meal package</b> Daily Provide *B: Chicken broth / egg / rice noodle *L/D: Ricex2 / Vegetables2 *Soup x 2 *Herb drink 2 *Dessert 1	\$100/day \$650/weekly	
<b>Cancer or Post-operative care</b> Daily Provide *B: Chicken broth / egg / rice noodle *L/D: Ricex2 / Vegetables2 *Soup x 2 *Herb drink 2 *Dessert 1	\$100/day \$650/weekly	
<b>Impregnate &amp; Prenatal care</b> Daily Provide *B: Chicken broth / egg / rice noodle *L/D: Ricex2 / Vegetables2 *Soup x 2 *Herb drink 2 *Dessert 1	\$100/day \$650/weekly	
<b>Miscarriage &amp; Abortion</b> Daily Provide *B: Chicken broth / egg / rice noodle *L/D: Ricex2 / Vegetables2 *Soup x 2 *Herb drink 2 *Dessert 1	\$650/weekly \$2,480/4 week+2 days free	
<b>Delivery Service Tip (option 5%, 10%, 15% or others all appreciated )</b>		
FOR OFFICE ONLY 以下由經辦人員計算總金額		
Mileage	Rate	X Trip Amount
<hr/>		

•Delivery- You may be charged or refund the delivery fee by any reschedule delivery. The extra fees or refund will be calculated when the service finishes. 運費計算:本公司於送餐結束時，將按實際送餐次數計算，多退少補

### Payment option

- Cash
- Personal Check or on-line Bill Pay
- Zelle / Quick Pay
- Credit Card - Visa and Master American Express (There is 6% Credit Card Service charge will be added)

簽名 Signature

日期 Date

---

# Order Agreement 訂購合約書

I 本人, \_\_\_\_\_ 同意以下之合約 agree below contract terms :

1. 所有送餐服務通知，須於清晨4點鐘前來電告知送餐服務，所有客戶送餐時間為星期一至星期六(包括週日餐點)約上午5:00 到上午9:00，實際到達時間需視當日交通狀況而定。無法接受指定時間送餐Inform food deliver service, Please make sure call before 4am, All delivery hours: Monday to Saturday(including Sunday ) 5:00AM – 9:00AM。We do not accept any specific requested time delivery
2. 通知休餐：須於下午3點鐘前來電告知 All cancel delivery please make sure call before 3pm,
3. 為保持客戶與送餐服務員安全，益膳坊僅提供無接觸送餐方式，僅以簡訊方式通知餐點到達，請客戶盡快領取，以確保餐點的新鮮度與包裹被盜的疑慮。In order to ensure the safety of customers and food delivery personnel, I-San House only provides non-contact food delivery. the driver will text to inform the package has arrived. To ensure food fresh and won't get stolen, please make sure to pick up the package as soon as possible.
4. 保存方式: 本公司餐點均每日新鮮烹調，為維持餐點品質穩定，所有餐點全部經封膜配置及低溫處理，請於每日收到餐點後，即刻點收並將餐點放入冰箱冷藏室，以保持新鮮。  
Preservation: our food is prepared fresh daily. In order to maintain freshness of your meal, all of our food packaging has been upgraded to thermal sealing packing system and low-heat process method. Please put your food into the refrigerator immediately after receiving your daily meal in order to maintain freshness.
5. 精緻餐均為套餐包裝，僅提供部分有機認證食材，所有餐點內容安排均為套餐服務，公司拒絕客戶僅選擇單一性食材配料。所有食材可能因所有食材可能因季節或其他因素隨時更替，故本公司享有修改菜單的權利  
The exquisite confinement meals are packaged, and partial organic certified ingredients are provided. The company refuses any requested specific ingredients by customers. All ingredients may be changed at any time due to seasons or other factors, so the company has the right to modify the menu.
6. 所有套餐餐點均謝絕單一點項產品或換餐服務。All meal service are package price. Don't accept change any specified item by requested.
7. **All contract discount prices are guaranteed and not accept any changes. If the contract has any re-arrangement or cancel, the company will calculate all costs based on the new adjusted price.** 此合約折扣價格於公司新價格調整期，為保證價格。所以此合約恕不接受任何變動。一旦有任何更新，本公司將按新調整價格計算所有費用

All information is true and complete in providing my health condition and dietary preferences. If there are any complications in result of errors or incompleteness of the above information, I will forfeit my rights to pursue any further legal actions. 所有內容皆完整且詳實的填寫本人的健康及飲食狀況。如有任何因本人所提供之資料所引發之飲食方面問題，本人將放棄一切對益膳坊公司 (I-San House, Inc.) 之法律追訴權。

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. By completing this agreement with I-San House Inc., I agree to pay all expenses in full or deposit at the time of signing. Cancellation & Refund/Credit Policy: For full refund, cancellation must be made within 14 days after signing contract and before meal service starts. Cancel fee \$100 if cancel contact after 14 days. I have read and agree to the general and written policies as stated above. I understand that by signing this form I am entering into a legally enforceable agreement with I-San House. 本人確實了解填寫此訂購合約書，並於完成訂購手續時一併付清費用或訂金。如欲取消調理膳食之服務，請於完成合約14天內通知本公司。現金及支票付費者，本公司將全數退還訂餐費用。訂餐超過14天尚未開始服務之退餐者本公司將收取手續費\$100元。顧客於訂購調理膳食服務時，健康諮詢表及訂購合約書，內容均經由本公司與顧客同意所製訂，如有任何問題，客方將放棄所有法律追訴權

Signature 簽名

Date 日期